



# News RELEASE

Telephone: (702) 229-6993

Barbara P. Jackson, DPA  
Leisure Services Director

Contact: Margaret Kurtz

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FOR IMMEDIATE RELEASE

## ADAPTIVE RECREATION ACTIVITIES

### **Project D.I.R.T. (ages 22+)**

The Developing Interests in Risk Taking program provides people of all abilities the opportunity to explore new recreation and leisure possibilities through alternative recreation and outdoor adventure experiences. Camping trips include transportation, tents and food. Pre-registration is required. Call (702) 229-4796 for information and registration.

**Lake Mead Camping Trip** Saturday and Sunday, April 1-2 \$50

### **Camp Malibu (ages 10-21)**

Monday through Friday, April 10-14

Fee: \$250

Camp Malibu in Calabasas, California

Residential camp for youth with developmental disabilities provides an array of recreational activities in a scenic area. Call (702) 229-4902 for information and registration.

### **Free Vision Forum (all ages)**

Wednesday, April 12, 9 a.m. to 2:45 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Learn the latest on all types of vision impairment, view exhibits by local state and national equipment providers and service organizations, take advantage of free testing in Lions Club Mobile Unit, tandem bike demonstrations, computer training, raffle drawing and more. Carl Augusto of the American Foundation for the Blind will provide the keynote address. Break-out session topics will include: Computer Overview, Computer Lab, Community Resources, Communication, Daily Living & Travel Skills, Daily Living & Travel Skills-Part 2, Non-traditional Employment, ADA Rights and Responsibilities, Blind Talk About Blindness, Families Talk About Blindness, Parents of Blind Children, Community Services, Blind Adults & Sighted Children, Water Aerobics, Canoeing & Kayaking. Pre-registration by March 31 is required to assure a reservation for free lunch and a free raffle ticket, as well as for participation in water aerobics, kayaking or canoeing. The event is sponsored by the city of Las Vegas Department of Leisure Services, Blindconnect, the Blind Center of Nevada, Bureau of Services to the Blind and Visually Impaired, and Nevada Council of the Blind.

### **Extreme Football**

Saturday and Sunday, April 22-23, 9 a.m.

Fee: \$250 per team of up to 10 people or \$30 for an individual

Wheelchair Sports Park in Freedom Park, on North Mojave Road at East Washington Avenue.

Wheelchair football played with zeal and abandon. Unaffiliated individuals will be placed on teams.

Call (702) 229-4796 or e-mail to [jfoster@lasvegasnevada.gov](mailto:jfoster@lasvegasnevada.gov) for information and registration.

### **R.E.A.L. Sports (age 18+)**

Sports, recreation, education and athletics for a lifetime program are designed for developmentally disabled adults. Contact Jonathon Foster at (702) 229-4796 for information.

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**Las Vegas Gamblers Quad Rugby (adult)**

Open practices 6 to 8 p.m. Thursdays and 1 to 3 p.m. Saturdays  
Baker Park gymnasium, 1010 East St. Louis Avenue, (702) 229-4903.

**F.L.O.A.T.**

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities. Call for dates, times and registration (702) 229-4796.

**Basic Paddling Skills**

Fee: \$10 per lesson.

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

People of all ages and abilities learn how to paddle in a kayak or canoe. Call (702) 229-4796 for details.

**One-on-One Swim Lessons**

Fee: \$75 for six 30-minute lessons.

Private instruction is designed to meet the needs of people of all ages and abilities. Call (702) 229-4796.

**G.O.L.F. – Golf Offers Lifetime Fun (ages 7-adult)**

Individuals of all abilities can sign up for golf lessons, golf leagues and tournaments. For information, call Robert Murray at (702) 229-4903 or e-mail to [rmurray@lasvegasnevada.gov](mailto:rmurray@lasvegasnevada.gov).

**Heading On**

Tuesdays, 6:30 to 8:30 p.m.

Heading On is designed to provide individuals with a traumatic brain injury with leisure awareness, social interaction skills, leisure resources and leisure activity skills during and/or after clinical rehabilitation. Please call (702) 229-5177 for a calendar and more information.

**S.P.A.R.K. – Social Play and Respite for Kids (ages 3-7)**

This free respite program for children with special needs provides a fun and safe environment for arts and crafts, games and outdoor play. Call (702) 229-1710 for information.

**BlazeSports Las Vegas (ages 5-adult)**

Wednesdays, 6 to 8 p.m.

Fee: Free

Charleston Heights Community School, 6438 Celeste, (702) 878-8644.

This sports program for children and adults with disabilities offers sports training and competitions. Focus is on wheelchair basketball, tennis, track and field and swimming. Call (702) 229-4903 for details.

**New A.G.E. Program (age 22+)**

Monday through Friday, 1:30 to 5:30 p.m. (except holidays).

Fee: \$35 for 5 days; \$28 for 4 days; \$21 for 1 to 3 days; \$10 additional monthly for special events.

Twin Lakes Adaptive Recreation Center, 3333 West Washington Avenue, (702) 229-5177.

An “after-work” recreation program for adults with developmental disabilities that offers varied activities and special events that promote individuality, self-esteem and independence. Call for information.

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### **Outreach**

For information on the following recreation opportunities and programs, please call (702) 229-4900.

Assistive Technology/Equipment Loan Program – adaptive equipment to rent.

Disability Awareness/Sensitivity Training – for your organization.

Informational and Educational Presentations – for your organization or agency.

Recreational Enrichment Program – for teens ages 15 to 18. Call 229-5177.

Goalball Practices

Lifetime Sports – Archery and disc golf lessons and Junior Olympic Development Program. Call (702) 229-1531.

Power Soccer – for power wheelchair users ages 5 to adult. Call for practice information.

Rock Climbing – Call 229-4900 for dates and information.

Tandem Bike Rides – Held on Friday afternoons. Call for dates and information.

Wheelchair Sports – includes basketball, fitness, football, softball and over-the-line. Call 229-4903 or 229-4796 for information.

### **Leisure Connection**

Leisure Connection is a social group for high-functioning adults with developmental disabilities. The program provides recreational activities that promote socialization and independence in the community. Activities include bowling, movies, lunch and dinner outings, sports events and leisure education classes. Activity schedules are mailed out monthly to each participant. Reservations must be made in advance for each event. For more information, or to be placed on the activity schedule mailing list, call (702) 229-5177.

### **Leisure Buddies**

Participants are linked with volunteers to assist each other in leisure activities. Call (702) 229-6358 for more information on how to participate or become a volunteer.

### **Lakeside Disabled Sports U.S.A.**

Lakeside, a chapter of Disabled Sports U.S.A., provides recreational programs and sporting activities for individuals with disabilities and their friends. Call (702) 229-4903 for information and locations.

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